



Quarterly Provider Newsletter

July 2024

MDHHS Alert: Medetomidine

The Michigan Department of Health and Human Services is warning Michigan residents about medetomidine, a new drug identified in overdose death. Three related overdose deaths have already been identified in three Michigan counties in March.

Medetomidine is a veterinary tranquilizer, similar to xylazine, that can cause adverse effects including slowed heart rate, low blood pressure and decreases in brain and spinal cord activity. It is not approved for use in people.

MDHHS is particularly concerned about this drug for the following reasons:

- Medetomidine can cause central nervous system depression and death.
- Like xylazine, medetomidine is not reversed by medications such as naloxone or Narcan.
- Unlike xylazine, testing strips are not yet available to detect this particular drug.

MDHHS is urging local substance use disorder organizations, health care providers and harm reduction agencies to take the following actions:

- Raise awareness and promote harm reduction practices – medetomidine like xylazine may be increasingly found in the illicit drug supply. Layer harm reduction strategies to lessen the risk of overdose: take it slow, use less, carry naloxone, do not use alone, monitor breathing, etc.
- As with xylazine, give rescue breaths in case of respiratory depression.
 - “To give rescue breaths to adults, make sure the person’s airway is clear; place one hand on the person’s chin, tilt the head back, and pinch the nose closed. Place your mouth over the person’s mouth to make a seal and give two slow breaths. Watch for the person’s chest (but not the stomach) to rise and follow up with one breath every 5

seconds" ([What You Should Know About Xylazine | Drug Overdose | CDC Injury Center](#)).

- Distribute naloxone as well as fentanyl and xylazine test strips – Organizations can [request free naloxone from MDHHS to increase capacity](#). Connect individuals with more ways to access naloxone: order online at [nextdistro.org/Michigan](#) and have it delivered at no cost; get it at a pharmacy ([Naloxone Standing Order](#), no prescription required); or contact a [Syringe Service Program](#) for naloxone, fentanyl and xylazine test strips, sterile needles, testing for HIV and Hepatitis C and other life-saving resources.
- CMHPSM also offers free naloxone rescue kits to organizations, to learn more or request naloxone rescue kits for your agency, please visit: [Naloxone | CMHPSM](#)
- Explore the Substance Use Vulnerability Index on the MDHHS [dashboard](#) to start conversations around gaps and barriers that may exist in your community.

To see the full MDHHS Alert about Medetomidine please click the "Learn More" button below.

Learn More



Michelle Sucharski, Chief Information Officer (left) and Jesica Sahutoglu, Regional Health Data Analyst (right)

2023 Nick Filonow Award of Excellence

Awarded to CMHPSM Jessica Sahutoglu!

Our very own Jessica Sahutoglu was honored this spring with a statewide award by the Community Mental Health Association of Michigan (CMHAM). Jessica was awarded the 2023 Nick Filonow Award of Excellence for her work as our CMHPSM Regional Health Data Analyst. This award is presented annually during the Improving Outcomes Conference to recognize those who have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology, or quality efforts. This award acknowledges the high esteem in which Jessica is held both at the state level and by her colleagues in the mental health field.

Jessica Sahutoglu has served our four-county region as a Health Data Analyst for more than 15 years. Jessica is an asset to the publicly funded behavioral health system within the State of Michigan. Responsible for data validation, reporting, and analytics, Jessica goes above and beyond for the staff and providers in our four-county region, interfaces with statewide stakeholders, and directly impacts those served within our system. Jessica is always willing to share her knowledge with others and is always improving and growing her technical abilities. Jessica's understanding of our system, including both the individuals served and those tasked with serving them, rivals her impressive technical skillset, which when combined makes her an invaluable resource to our region. Jessica was jointly nominated by the CMHPSM, Lenawee CMH, Livingston CMH, Monroe CMH and Washtenaw CMH.

Our congratulations to Jessica on this well-deserved award!

A top-down view of a wooden desk. On the desk are a small potted plant with yellow flowers, a calculator, a pair of black-rimmed glasses, a white cup of black coffee, and a document with various charts and graphs. A black pen is resting on the document. A large teal circle is overlaid on the bottom left of the image, containing the text 'Finance News' in white.

**Finance
News**


Finance Team Update!

We are pleased to welcome Mattie McIntire to our finance team at the CMHPSM. Mattie will be gradually taking over the responsibilities previously handled by Lyndsay Kieselbach.

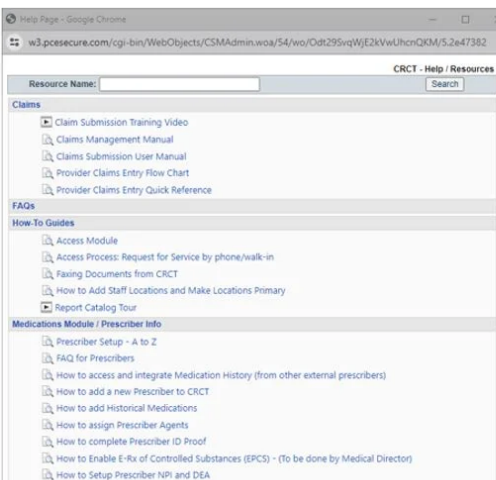
The CMHPSM is attempting to utilize more shared email inboxes, to prevent email contact disruptions when staff turnover occurs. We encourage most finance-related email communications be directed to our shared finance@cmhpsm.org mailbox where Mattie and the rest of our finance team are available to assist. You will find a list of other shared email inboxes later in this newsletter.

CRCT Billing Questions

Find CRCT Help here. ↓



Click on "HELP" and find assistance with claims processing here. →



Many individuals have contacted CMHPSM regarding questions about how to process claims in our CRCT system. CRCT does have a help system that you can find after logging in at: [CRCT Help](#)

Please note, the link will only work once you are logged into CRCT.

If the CRCT Help site does not answer your question, please send an email to finance@cmhpsm.org. This email will go to everyone who works in the finance

department at CMHSPM, and the appropriate person will respond to your question.

CRCT Help Link



Information Safeguards and Emails

The CMHPSM uses industry standards to safeguard our information and systems. This may at times result in emails being quarantined in our system for manual review before being released to the recipient. In lay terms you may at times receive a “undeliverable” email notification after messaging one of our staff members. There are a number of reasons that this can happen, such as the use of key words which may be picked up in the subject line or attachments. To help with that if you can avoid words such as financial, banking, cost, ACT, cash, and urgent in the subject line or attachment names.

If you receive a system notification that an email you sent to the CMHPSM was “undeliverable”, your best course of action is to email help@cmhpsm.org or call our help desk at 734.337.0004. Our help desk will be able to quickly review your information, locate the email in question, and release it to the recipient. While we understand this can be inconvenient, we greatly appreciate your understanding and support in keeping our systems and information safe.

CMHPSM Email Contacts



In an effort to streamline communication and to ensure your email goes to the right departmental contact, CMHPSM has created department specific emails for providers to email when you have questions or need assistance:

For any IT related questions or concerns (including questions about CRCT and/or emails), please contact the CMHPSM help desk at help@cmhpsm.org.

For any contract issues, please contact the CMHPSM Contracts Department at contracts@cmhpsm.org.

For any compliance issues, please contact the CMHPSM Compliance Department at compliance@cmhpsm.org.

To submit a complaint related to any potential fraud, waste or abuse of the Medicaid service system, please complete the form found on the CMHPSM website here: [CMHPSM Medicaid Fraud and Abuse Reporting Form](#)

For any finance needs (including budgets, budget amendments, FSRs, invoices or claims), please contact the Finance Department at finance@cmhpsm.org.

For any SUD Treatment issues needing to be addressed by the CMHPSM Treatment Team, please contact treatment@cmhpsm.org.

For any reports to the Substance Use Services Team, please email SUDReports@cmhpsm.org.

IT Help Desk	help@cmhpsm.org
Contracts Department	contracts@cmhpsm.org
Compliance Issues	compliance@cmhpsm.org
Finance Department	finance@cmhpsm.org
SUD Treatment Team	treatment@cmhpsm.org
Substance Use Services Reports	SUDReports@cmhpsm.org

Upcoming Training and Event Opportunities:

Click on the training below to learn more information or to register!

**MDHHS and CMHAM 24th
Annual Wraparound
Conference**

July 22-24, 2024

**CMHAM Anti-Stigma Day Virtual
Event**

Thursday July 25, 2024

**Advanced Implicit Bias:
Strategies to Reduce/Interrupt
Bias Virtual Training**

Wednesday August 14, 2024

**Balancing Act: A Summit
Navigating Substance Use
Disorders, Opioids, and
Workplace Wellness**

Thursday August 22, 2024

Community Mental Health Partnership of Southeast Michigan

3005 Boardwalk Suite 200, Ann Arbor
MI 48108 United States

You received this email because you signed
up on our website, or supplied your email
address to us in relation to a project or
service funded through the CMHPSM.



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