



## **Quarterly Provider Newsletter**

April 2024

# **April 2024 is Alcohol Awareness and Underage Drinking Prevention Month**



Governor Gretchen Whitmer has proclaimed April 2024 as Alcohol Awareness and Underage Drinking Prevention Month in Michigan.

"Adolescence is a critical and often vulnerable stage of human development, and it is during this time that many young people experiment with substances such as alcohol. Compared to those who wait until they are 21 years of age to drink, young people who start drinking before the age of 15 are at a higher risk for developing alcohol use disorder later in life and are more likely to be in a motor vehicle crash due to alcohol use.

Youth who drink alcohol are more likely to experience problems in school and their social life, legal problems, physical and sexual violence, higher risk for suicide and homicide, misuse of other substances, and have changes in brain development that may have lifelong effects.

The solution to ending underage drinking comes through widespread collaboration and engagement of multiple organizations and communities with all adults doing their part. During this month, we join with the Michigan Department of Health and Human Services to ask that parents, youth, government agencies, public and private institutions, businesses, workplaces, and all Michiganders support the efforts to reduce and prevent underage drinking in our state by limiting alcohol availability to minors."

To learn more about CMHPSM Prevention efforts, please visit [Prevention | CMHPSM](#).

## Substance Use Services FY25 Funding Opportunity



CMHPSM is excited to announce the Substance Use Services FY25 Funding Opportunity for grant funded programs and initiatives. Please review the options below carefully to ensure submission to the correct funding opportunity. This opportunity is open to any agency able to serve individuals in the CMHPSM Region of Lenawee, Livingston, Monroe or Washtenaw counties.

CMHPSM will host a virtual Bidders Conference on Friday April 5th from 9:30am – 12:30pm. The Bidders Conference will cover detailed information including requirements of the RFP/Q, how to submit questions and other information that can be essential for a successful application. Attendance at the Bidders Conference is not mandatory; however, it is strongly encouraged. More information and a link to join the meeting can be found on the CMHPSM website linked below.

### **The following are the four procurement opportunities:**

- RFP #2025A – Substance Use Prevention Programs
- RFP #2025B – Substance Use Prevention Coalitions
- RFQ #2025C – Designated Youth Tobacco Use Representative (DYTUR) Services
- RFP #2025D – Strategic Initiatives

More information can be accessed at the CMHPSM website:

<https://www.cmhpsm.org/procurement>

Please share this announcement with your networks.

CMHPSM Procurement



## 42CFR Part 2 Final Rule Update

The U.S. Department of Health and Human Services, through its Office for Civil Rights (OCR), released the final rule related to changes to the Confidentiality of Substance Use Disorder (SUD) Patient Records regulations at 42 CFR part 2, which protect the privacy of patients' SUD treatment records. A [Fact Sheet](#) is available highlighting certain changes, with a link to the final rule at the bottom. The final rule can also be found in the [Federal Register](#).

These changes will take place over time and are required to be in effect by February 16, 2026. They will impact different aspects of our work. Please inform yourself of the changes in the final rule. MDHHS will be making changes to address the new requirements so please watch for communication from MDHHS. We will communicate changes made at CMHPSM as this is operationalized as well. Please note CMHPSM is not your source for legal information. If you have specific questions about these changes and how they impact your agency, you should contact your legal counsel.



# Finance News

## **Claim Processing Tip:**

# **Check for Overlapping Service Provider Times**

Several providers have recently submitted claims with overlapping staff time through CRCT. These claims were rejected for overlapping times. CRCT does not automatically find these time when adjudicating. Please ensure the date of service and time of service being billed matches documentation to try to alleviate the return of batches or denial of claims due to this overlap.



# Walking With WARRIORS

Supporting Michigan Veterans,  
Military members and their families  
one by one.



Every warrior needs support at some point. Learn more about  
Veteran Navigators at [Michigan.gov/WalkingWithWarriors](https://www.michigan.gov/WalkingWithWarriors).

## Veterans' Navigator Program

The Veterans Navigator program was created to assist Veterans and military families of ALL eras and discharge types. This program serves veteran and military families in Livingston, Washtenaw, Monroe, and Lenawee counties.

Erika Behm (Walking with Warriors Veterans' Navigator) and Bob Bull (Walking with Warriors Veterans' Peer Support Specialist) work to connect Veterans and their families to federal, state, and local resources to ease issues regarding mental health, substance use, housing, and other common challenges that impact Veterans in order to support healthier lifestyles and provide support.

Erika and Bob are available to help by providing resources and support around mental health, suicide prevention, substance use, and other related needs.

### **Erika Behm, LMSW**

Walking with Warriors Veterans' Navigator

[\(734\)660-8673](tel:(734)660-8673)

### **Bob Bull**

Walking with Warriors Veterans' Peer Support Specialist

[\(734\)664-7878](tel:(734)664-7878)

More information can be accessed at the CMHPSM website:

<https://www.cmhpsm.org/veteran...>

Please join us for a free virtual training:

## Insights into Gambling Disorder and Substance Use Disorder

*Presented by*

*Megan Poliquin, LPCC-S, LICDC-GAMB & Allison Huss, LPC, LICDC-GAMB, Zepf Center*

**Friday, April 12, 2024**

**9:00am-10:00am**

With casinos, sports betting, and other forms of gambling resurging in popularity, individuals in our field must be aware of gambling disorder, as substance use disorder can co-occur with a gambling disorder. The goal of this presentation is to educate helping professionals about gambling disorder and learn about the co-occurrence of substance use disorders with gambling disorders. We will dive into the similarities that the two disorders share and also discuss the unique differences in them.

This training has been approved for 1 hour of MCBAP Substance Abuse Specific CEU credit.

[Click Here to Register](#)

# "We're NEVER ALONE in our recovery journey"

For support in Washtenaw County:

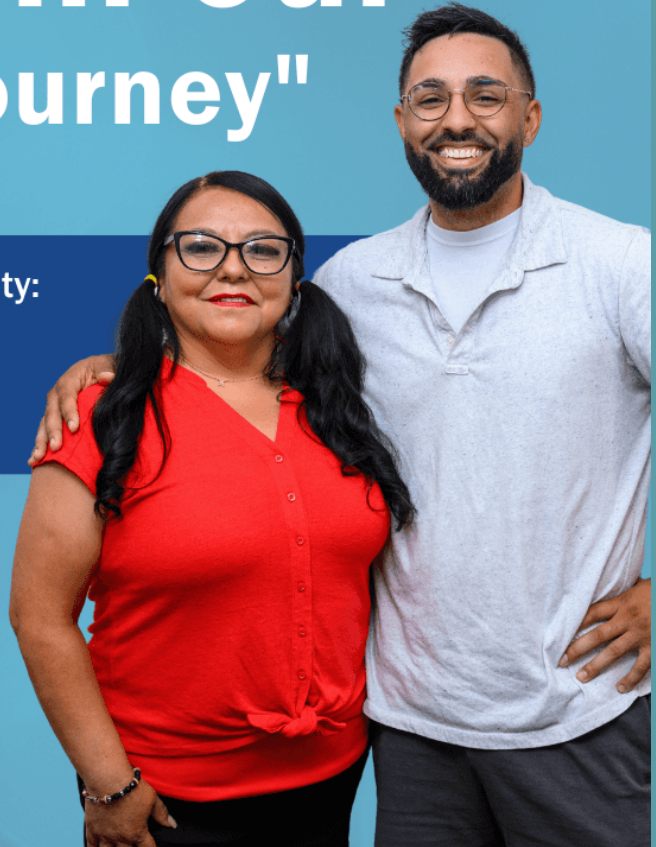
**734-544-3050**

Washtenaw.org/ItsPossible



Washtenaw County  
Health Department

Support for this initiative was provided by CMHPSM and MDHHS through a federal grant from SAMHSA



*Free toolkits and materials*

## **It Is Possible Media Campaign**

**Did you know? *It Is Possible* is promoting toolkits for anyone to use!**

The *It Is Possible* campaign is a region wide campaign promoting messaging of recovery and hope in Lenawee, Livingston, Monroe, and Washtenaw counties.

These toolkits (links below) are intended to make it easy to share messages and graphics from the *It Is Possible* campaign. Find social media graphics and captions, Zoom backgrounds, videos, photos of harm reduction tools, and more in your county's campaign toolkit. Everyone is invited to share these materials!

In addition to free toolkits all are welcome to order free materials. Materials include posters, pocket cards, stickers, magnets, tote bags, and tumblers. If you or someone you know is interested in ordering materials please click the link below, ordering is easy, and did we mention, FREE!

- **Washtenaw County:** order online at <https://bit.ly/iiporder>



- **Lenawee County:** visit <https://www.washtenaw.org/3906...>
- **Livingston County:** order online at <https://survey.alchemer.com/s3/7614256/RecoveryIsPossible2023>
- **Monroe County:** order online at <https://bit.ly/IIPMonroeorder>



**Lenawee County Campaign Toolkit**



**Livingston County Campaign Toolkit**



**Monroe County Campaign Toolkit**



**Washtenaw County Campaign Toolkit**

**Community Mental Health Partnership of Southeast Michigan**

3005 Boardwalk Suite 200, Ann Arbor  
MI 48108 United States



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