



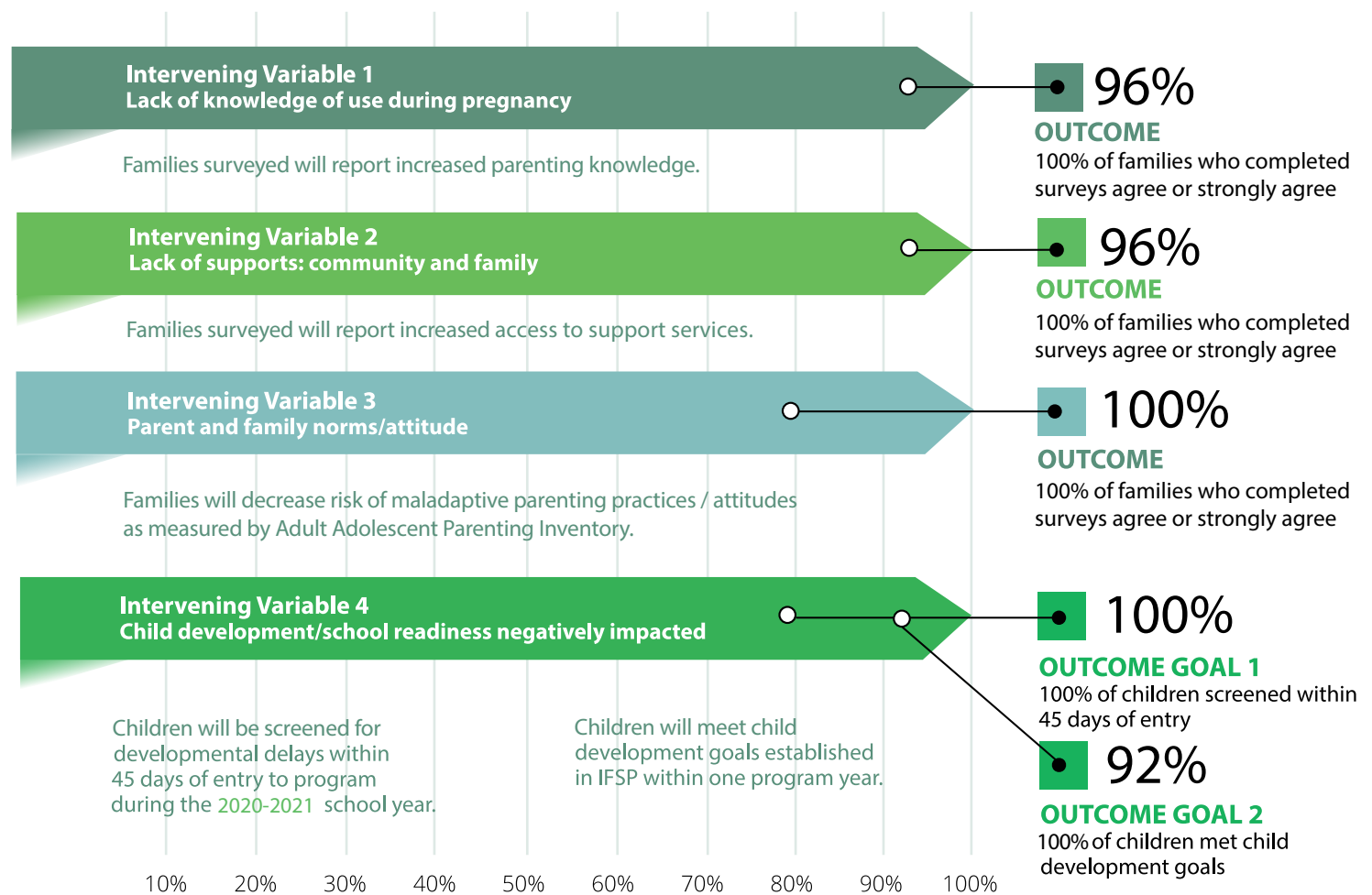
# Substance Abuse Prevention

## NURTURING PARENTING PROGRAM

During the 2023/2024 program year, children and their families in Monroe County were referred for parent education services, as they tested positive for being prenatally exposed to alcohol, tobacco, and illicit drugs such as heroin, cocaine and marijuana, and/or prescription drugs.

births are affected by prenatal alcohol or illicit drug exposure. Prenatal exposure to alcohol, tobacco, and illicit drugs has the potential to cause a wide spectrum of physical, and developmental problems for infants. Early intervening services are critical, as “the harm caused to the child can be significant and long-lasting, especially if the exposure is not detected and the effects are not treated as soon as possible.”

According to the National Center on Substance Abuse and Child Welfare, each year, 15% of all



Funded by the Community  
Mental Health Partnership  
of Southeast Michigan

**During the 2023/2024 year, the MCISD Nurturing Parenting Program addressed this need in our community in the following ways:**

Name of Intervention	Description of Activities
<b>Problem Identification and Referral</b>	Parent Educators provided developmental assessments to young children who were prenatally exposed to alcohol, tobacco, illicit drugs and/or prescription drugs. Provided needs based family assessment and connected families with appropriate community services and supports.
<b>Parents as Teachers: Personal Visits</b>	During this fiscal year parent educators funded by CMHPSM provided a total of 209 personal visits to families in Monroe County. During these visits parent educators addressed a wide variety of topics, using the evidence-based parent education model, Parents as Teachers, and the Nurturing Parenting curriculum (on SAMHSA list of evidence-based practices). During home visit parent educators addressed family well-being, developmental-centered parenting topics, and implemented parent/child activities.
<b>Parents as Teachers: Group Connections</b>	During this fiscal year, 33 Group Connections were provided to families. Group connections provided opportunities for parents and children to come together to participate in a variety of hands-on learning activities and connect with other families. Parent Educators develop activities for the groups that are developmentally appropriate, address child development, and can easily be duplicated in the home. Additionally, Parent Educators share information about community resources and parenting topics during this time.

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