# Project SUCCESS SCHOOLS USING COORDINATED COMMUNITY EFFORTS

#### TO STRENGTHEN STUDENTS

## 2023-2024

Model program that helps to prevent and reduce adolescent substance use.

Interventions are proven to reduce risk factors and enhance protective factors. A highly trained counselor is placed in participating middle and high schools in Livingston County.

### PROGRAM COMPONENTS

- Individual & Group Counseling: Provide personalized support to students struggling with substance use or related issues.
- Educational Presentations: Teach students about substance use, its consequences, and how to resist peer pressure.
- School-Wide Initiatives: Promote healthy choices, challenge harmful norms, and raise awareness of substance use risks.
- Staff Training: Equip educators with knowledge and tools to identify and address substance use concerns.
- Early Intervention: Screen students for potential substance use problems
  - and connect them to appropriate resources.

#### LOCAL OUTCOMES/RESULTS

- 436 middle/high school students were referred to Project SUCCESS
- 364 middle/high school students met individually w/ a Project SUCCESS Counselor for interviews, assessment/referral, and time-limited counseling
- 17 students who received timelimited ongoing counseling reported improvements with attitude, relationships, problemsolving and substance use

- 266 middle/high school students participated in GROUPS
  - 174 students reported increased awareness of the risks of alcohol use
  - 175 students reported increased awareness of the risks of using prescription drugs that are not prescribed for you
  - 173 students reported an increased awareness of the risks of marijuana use

#### Livingston







Want more Information? Contact Karen Bergbower 810.225.9550 karen@kbamichigan.com