

Project SUCCESS

Monroe Public Schools

2023-2024 

Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students) is a SAMHSA model program designed to prevent and reduce substance use and abuse among adolescents in high school and middle school. This is its first year at Monroe Public Schools. Project SUCCESS counselors use a wide range of CSAP intervention strategies, including: information dissemination, preventative education, problem identification and referral, and resistance and social competency skills. Project SUCCESS counselors work primarily with adolescents individually and in small groups.

Priority Areas:

1. Reducing childhood and underage drinking.
2. Reducing prescription and over-the-counter drug abuse
3. Reducing youth access to tobacco and nicotine

Core Features of the Program:

- Prevention Education Series
- Individual Counseling
- Group Counseling
- Screening and Outside Referrals
- Parent and Community Education
- School-Wide Awareness Activities

Targeted Community:

High school and middle school students within Monroe County.

Risk Factors

- Pro-drug attitudes
- Early use
- Family stressors
- Peer group use
- Peer pressure
- Low perceived risk
- Parent pro-drug attitudes

Protective Factors

- Self-efficacy
- Social competence
- School bonding
- Positive peer relationships
- Non-drug using peers
- Positive parent-school relationships
- Parental monitoring

Outcomes:

During the 2023-2024 school year...

- 309 Monroe High School students were referred to the Project SUCCESS counselor.
- 21 students participated in small groups with the Project SUCCESS counselor.
- 10 students participated in time-limited counseling with the Project SUCCESS counselor.
- Of the students that met individually with the Project SUCCESS counselor, over 75% reported improvements in 2 of the following 6 areas: peer refusal, problem solving, relationships, attitude toward school, awareness of AOD risks, and AOD use.
- Of the students that participated in small group with the Project SUCCESS counselor, over 75% reported improvements in 2 of the following 6 areas: peer refusal, problem solving, relationships, attitude toward school, awareness of AOD risks, and AOD use.

Trends in Substance Use in Michigan Youth:

- 16.5% of MI high schoolers have reported current tobacco use
- 55% of high schoolers that use tobacco products began at the age of 13
- 33.5% of students reported the belief that using e-cigarettes attracts more friends
- 31.4% reported wanting to use an e-cigarette within 5 minutes of waking up.

“Group has made me more positive and open to using coping mechanisms.”

-9th grade student

For more information, contact Isabella Hutchison at (734)-265-3434 or hutchison@monroe.k12.mi.us