

REDUCING RISK PROTECTING HEALTH

# PREVENTION@EMU



Prime For Life® provides a judgment-free way of understanding how alcohol and drug-related problems develop, what we can do to prevent them, and why sometimes we need help. Our participants have ranged from the age of 12 to 65.

**200**

Prime for Life had a reach of 200 participants for FY24. All participants completed a pre/post test and demonstrated new knowledge surrounding high-risk choices involving alcohol and other drugs.

**91%** of all participants demonstrated the knowledge that anyone can develop alcoholism if they make enough high-risk choices; showing the progress made towards breaking down stigma surrounding "who" everyone thinks develops SUDs.

"PTC" is an applied theatre-based peer to peer outreach that utilizes interactive theatre techniques as a tool to cultivate a culture of awareness of substance use disorders and mental health. PTC facilitates Botvin Transitions® high schoolers to guide discussions and student written monologues and/or skits for peer to peer and community performance and dialogue.

**118**

118 participants were exposed to the Botvin Transitions curriculum. **20** participants elected to take the opportunity to earn three (3) free transferable college credits by devising theatrical work and participating in a community dialogue.

**70%** of student participants exposed to the Botvin Curriculum demonstrated more frequent use of drug refusal skills. 69% indicated strong attitudes against smoking (nicotine/vape). 67% indicated strong attitudes against drinking. 65% indicated strong attitudes against marijuana. 70% indicated strong attitudes against hard drugs.

Prevention@EMU facilitates Botvin LifeSkills® middle school level curriculum to participants ages 11-14. LifeSkills Training is designed to promote mental health and positive youth development. In addition to helping kids resist drug, alcohol, and tobacco use, (Botvin Lifeskills training middle school program - 2024).

**73**

Botvin LifeSkills curriculum was facilitated to 73 middle school aged participants! Due to the demands of the program, Prevention@EMU hired more staff. Four (4) MCBAP development plan were initiated by our program and two (2) support interns were recruited.

**80%** of middle school aged participants demonstrated sufficient knowledge of ATOD facts and related health risk and consequences by scoring a 16 /19 (84%) as a result of participating in Botvin LST MS prevention programming and as verified by the BOTVIN POST SURVEY LST Knowledge Section B .