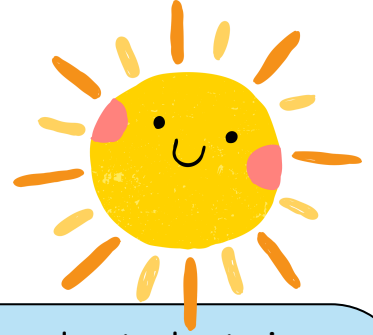


Curriculum-Based Support Group®

(CBSG®) Program

2023-2024



CBSG®, an evidence-based program, targeted 177 3rd-6th grade students in Livingston County public schools who are at elevated risk for future behavioral and health problems including substance misuse, delinquency, and violence.

Students Learn How To:

- cope with a difficult family situation
- resist negative peer pressure
- set and achieve goals
- make healthy choices
- refuse, alcohol, tobacco, and other drugs

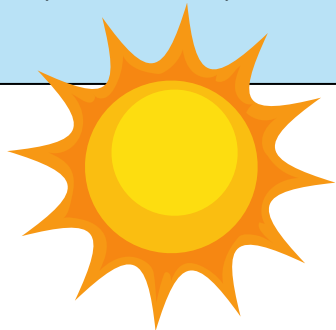
Demonstrated Outcomes:

- reduces anti-social attitudes and rebellious behavior
- increases anti-drug-use attitudes and intentions
- reduces early substance misuse/ experimentation
- increases coping and social skills

Students meet during school hours in small groups facilitated by a trained prevention specialist. Through guided discussion and interactive learning activities, students learn and apply the knowledge, attitudes, and skills needed to help them cope with challenges.

Local Outcomes:

- 23 CBSG® groups were provided
- Of the 144 students who completed 10+ sessions, 142 (99%) maintained or improved their non-use attitudes toward alcohol and other drugs.



Want more information?

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Livingston



PREVENTION

It Takes a Community.



COMMUNITY MENTAL
HEALTH PARTNERSHIP

of Southeast Michigan